



counseling CONNECTIONS

OCTOBER 2021

Important Dates

Oct 2 - SAT

Oct 13 - PSAT/SAT Day

Oct 27 - Open House



OPEN HOUSE

October 27 from 6-7:30 pm at AHS



FAFSA launches in October

Counselors and senior teachers will be helping seniors submit their FAFSA using GoingMerry.



Information needed to complete FAFSA:



Social security or alien registration number



Federal tax information or tax returns



Cash, savings, and checking account balances



Investments other than the home in which you live



SENIORS

Applying to college?



Click [here](#) to book an appointment to receive help completing college applications, FAFSA, and scholarships.



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Bullying Prevention Month



<https://www.stopbullying.gov>

Parents, school staff, and other adults in the community can help kids prevent bullying by talking about it, building a safe school environment, and creating a community-wide bullying prevention strategy.

National Depression & Mental Health Screening Month



OCTOBER IS

**NATIONAL
DEPRESSION AND
MENTAL HEALTH
SCREENING MONTH**

#breakthestigma

Mental Illness Awareness Week

October 3-9

Tuesday Oct. 5: National Day of Prayer for Mental Illness Recovery and Understanding

Thursday Oct. 7: National Depression Screening Day

Saturday Oct. 9: NAMIWalks United Day of Hope

Sunday Oct. 10: World Mental Health Day